



Julie's Haven Phase 2: Workshops, Podcasts, and Awareness App

Phase 2 of Julie's Haven will feature our **online versions** of the Purpose, Passion, and Power (3P's) and the Information, Counseling, and Arts Programs (ICA). Launching SOON Online.

“Purpose, Passion, and Power (3P's of Julie's Haven) Workshops” (held in Georgia and Virtually)

The 3P's program will help young girls in practical life plans to underpin the **Awareness Protects** theme by developing their understanding of how individual *purpose* can open young girls to be inspired and empowered for *aware*, protected, vital living. The 3P's program will feature information and interactive self-discovery activities that guide young girls in exploring their Purpose, Passion, and Power in order to design their lives and create protective awareness.

“Information, Counseling, Art Therapy (ICA) Workshops” (held in Georgia and Virtually)

The ICA program will aide every young girl with **information** on sexual abuse and strategies. Through the ICA counseling section ALL young girl can encounter peer reviewed **counseling** information in the area of sexual and physical abuse interactively which will prepare her voice to speak out in times of need and in times of healing.

Julie's Haven will soon have **counseling** resources available within all JH programs, all social media, and the Julie's Haven and Julie's Haven Unique Gurl website. We will also refer any young girl that communicates with us that she is need of immediate help to an agency or emergency services for assistance.

Finally, in the **Arts** portion of the ICA workshop young girls can learn to express themselves, their passions, and their present emotions through **art** therapy and **art** activities with the option of displaying their artistic visions in creative presentations of their choice.

“3'Ps of Julie's Haven -Podcast and App” Coming Soon

The 3P's of Julie's Haven (Purpose, Passion, and Power) Podcast's mission is to present topics that encourage **ALL** girls to learn how to identify, develop and cultivate their **Purpose, Passion, and Power**. Julie's Haven will produce a regular 3P's (Purpose, Passion, and Power) Podcast to present topics that encourage all girls to learn how to identify, develop and cultivate their Purpose, Passion, and Power. In Phase 2, Julie's Haven will develop an App to encourage the girls of JH in the Awareness Protects mindset and share their personal journeys.

For more information on all Phases of Julie's Haven please email us at information@julieshaven.org.

